

July Millburn Lunch Curbside Menu



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1	2	3	4
			Mini Corn Dogs Vegetable of the Day Chilled Fruit Cup 1% or Skim Milk	Bosco Sticks Vegetable of the Day Fresh Fruit 1% or Skim Milk	Grilled Cheese Vegetable of the Day Fresh Fruit 1% or Skim Milk	Cheesy Pull Apart Vegetable of the Day Fresh Fruit 1% or Skim Milk
5	6	7	8	9	10	11
Walking Taco Scoops Vegetable of the DayFresh Fruit 1% or Skim Milk	All Beef Hot Dog Vegetable of the Day Chilled Fruit Cup 1% or Skim Milk	Chicken Sandwich Vegetable of the Day Raisins/Cranberries 1% or Skim Milk	Soft Pretzel & Cheese Sauce Vegetable of the Day Chilled Fruit Cup 1% or Skim Milk	Pizza Dippers Vegetable of the Day Fresh Fruit 1% or Skim Milk	Sun-Butter & Jelly Sandwich Vegetable of the Day Fresh Fruit 1% or Skim Milk	IW Galaxy Pizza Vegetable of the Day Fresh Fruit 1% or Skim Milk
12	13	14	15	16	17	18
Chicken Nuggets Vegetable of the Day Fresh Fruit 1% or Skim Milk	Beef & Bean Burrito Vegetable of the Day Chilled Fruit Cup 1% or Skim Milk	Cheeseburger Vegetable of the Day Raisins/Cranberries 1% or Skim Milk	Mini Corn Dogs Vegetable of the Day Chilled Fruit Cup 1% or Skim Milk	Bosco Sticks Vegetable of the Day Fresh Fruit 1% or Skim Milk	Grilled Cheese Vegetable of the Day Fresh Fruit 1% or Skim Milk	Cheesy Pull Apart Vegetable of the Day Fresh Fruit 1% or Skim Milk
19	20	21	22	23	24	25
Walking Taco Scoops Vegetable of the DayFresh Fruit 1% or Skim Milk	All Beef Hot Dog Vegetable of the Day Chilled Fruit Cup 1% or Skim Milk	Chicken Sandwich Vegetable of the Day Raisins/Cranberries 1% or Skim Milk	Soft Pretzel & Cheese Sauce Vegetable of the Day Chilled Fruit Cup 1% or Skim Milk	Pizza Dippers Vegetable of the Day Fresh Fruit 1% or Skim Milk	Sun-Butter & Jelly Sandwich Vegetable of the Day Fresh Fruit 1% or Skim Milk	IW Galaxy Pizza Vegetable of the Day Fresh Fruit 1% or Skim Milk
26	27	28	29	30	31	
Chicken Nuggets Vegetable of the Day Fresh Fruit 1% or Skim Milk	Beef & Bean Burrito Vegetable of the Day Chilled Fruit Cup 1% or Skim Milk	Cheeseburger Vegetable of the Day Raisins/Cranberries 1% or Skim Milk	Mini Corn Dogs Vegetable of the Day Chilled Fruit Cup 1% or Skim Milk	Bosco Sticks Vegetable of the Day Fresh Fruit 1% or Skim Milk	Grilled Cheese Vegetable of the Day Fresh Fruit 1% or Skim Milk	

FREE MEALS TO All Children 18 and Under

Included with Every Meal Fruit and Vegetable/1% or Fat-Free Milk

Heat & Serve Meals

these meals are offered precooked and served cold with the purpose of them being heated PRIOR to consuming. Please make sure to **HEAT to a tem**perature of 165° F or higher. All hot foods must be held at a temperature of 135° F or higher.

Menu changes are occasionally necessary. Notice will be given when possible. This institution is an equal opportunity employer.

Arbor A+ Nutrition Mission To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods
- ✓ Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms

~Arbor Management~

Make Choices for a Healthy Lifestyle!





"Ask the Dietitian",